

Healing the Rift

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Healing the Rift: Bridging the Gap Between Science and Spirituality, ISBN 978-0-9787213-2-9, Cambridge House Press, Hard Cover, 238 pages, including 38 pages of notes and references, \$24.95, Authored by Leo Kim.

Leo Kim has provided a book that almost defies a simple review. He is a physical organic chemist, involved with treatment of cancer patients through pharmacological and similar means. Distressed by the deaths of these patients, he began to examine the chasm that appears to exist between science and spirituality.

Realizing the dichotomy between religious teachings and science, he felt that he had "to better understand what life was before I could tackle the mystery of death". He begins with a quite thorough examination of the universe from its very inception, and proceeds through the many theories and concepts of life's position within the universe. Since there is no overwhelming support for any one theory, he initiates his journey with the most widely accepted, "Big Bang Theory". From here he traces the development of "pixels", and the development of chemicals, of DNA, RNA, and other necessary elements for life. He acknowledges that some scientists believe that life may not have resulted from such extremely meager beginnings, that it may have been facilitated from a simpler form of RNA that was present. Such a concept is possible because one simple form has been shown to self-assemble. Other scientists believe that the materials necessary for life came from space.

Regardless, his discussion progresses through a number of evolutionary concepts of matter, the Quantum Theory, Parallel Universes, missing dark matter and energy, information transforming energy into matter, energy in space, energy strings, and other concepts. He provides tables for body and brain development and quotes numerous notable scientists as supportive of the material presented.

Discussion then proceeds to mind-matter theories, consciousness, hypnosis and the results of efforts to use it to treat physical problems. He explores the power of positive and negative thoughts, meditation, and of love and prayer, and how they may affect one's physical health and healing, and recounts attempts to present physical documentation for these more or less "ethereal" functions.

The last fifty pages provide an examination of the similarities, and differences, in the beliefs of numerous religions with respect to an "after life". A number of reports of "near death", and "after death" experiences are reported. Some of the "after death" experiences were reported by persons whose ECG and brain wave patterns were documented as being completely flat, denoting physical death.

The author concludes in part: "I discovered a universe consisting of a potpourri of mysteries, enigmas, and wonders... But all of this is an illusion our bodies are the costumes in which we play our roles in life. Love is the only enduring truth, and death is not the final curtain. The next act reveals the real universe and the other 96% of the stage."

In summary, I can only say that, if my review is not adequately comprehensible, I strongly suggest you read the book. Leo Kim has attempted to attack an all-encompassing project. He has assembled a fascinating and complex body of work from a huge variety of positions, and has set forth some quite complicated scientific concepts in a simple and totally readable manner. I warn you that Healing the Rift is not a book that you can sit down with "for entertainment". It is thoroughly thought-provoking from beginning to end, and is one to which you may return more than once.